

## **Cost**

\$290 for the weekend:

Friday evening to Sunday after lunch

\$435 for "extended weekends" – Fri - Mon

Costs are negotiable with the Director.

**Application forms** available on our website or from the office.

Missionaries of the Sacred Heart  
St Mary's Towers Retreat Centre  
415 Douglas Park Drive  
Douglas Park NSW 2569

Phone: (02) 4630 0233

Email: [contact@towersretreat.org.au](mailto:contact@towersretreat.org.au)

Website: [towersretreat.org.au](http://towersretreat.org.au)



### **Retreat Team**

Ms Michelle Vass, Director

Sr Pauline Compton fdnsc

Fr Dominic Gleeson msc

Sr Katrina Zhang rsm

## *Let Your God Love You*

*Be silent.*

*Be still.*

*Alone.*

*Empty Before your God*

*Say nothing.*

*Ask nothing.*

*Be silent.*

*Be still.*

*Let your God*

*Look upon you.*

*That is all.*

*God knows.*

*God understands.*

*God loves you*

*With an enormous love,*

*And only wants*

*To look upon you*

*With that love.*

*Quiet.*

*Still.*

*Let your God –*

*Love you.*

Edwina Gately *In God's Womb*

## *Retreat Weekends*

# *2021*



## *St Mary's Towers*

## *Douglas Park*

## Welcome to your Retreat Weekend

Our manner of living today is generally noisy and busy. From time to time we need to give ourselves the space to enter into the silence and be in the presence of our loving God. You are always welcome to come and visit St Mary's Towers Retreat Centre for a weekend of prayer.

During your stay, all facilities are available for your use and Spiritual Accompaniment with one of our retreat team can be arranged. Retreats start at 5.30pm on the first date and conclude with a 1.45pm Eucharist on the final date.



5-7	<b>MARCH</b> Private Prayer Weekend with Spiritual Direction
18-21	Extended Prayer Weekend In the Light of the Beholder <b>Dominic Gleeson msc</b>
26-28	Palm Sunday Prayer Weekend <b>Retreat Team</b>

1-4	<b>APRIL</b> Easter Triduum <b>Retreat Team</b>
23-25	Become Like Water <b>Fr John Armstrong</b>
30-2 May	Welcome to the Inner Room <b>Michelle Vass &amp; Lou Nulley</b>
21-23	<b>MAY</b> Men's Prayer Weekend Dawning Dispelling Darkness <b>Paul White</b>
4-6	<b>JUNE</b> Mark's Gospel <b>Retreat Team</b>
25-27	Who are you God? Who am I"? Meeting God in Silence and Solitude <b>Michelle Vass</b>
2-4	<b>JULY</b> Surprised by Love <b>Dominic Gleeson msc</b>
16-18	Praying with Ignatius of Loyola <b>Retreat Team</b>
23-25	Winter's Wisdom: The Season of Contemplation <b>Jenny Scally rsj</b>

24-30	<b>SEPTEMBER</b> Circle me O God! <b>Jenny Sheehan fdnsc</b> <b>Pauline Compton fdnsc</b>
1-4 (Long w/e)	<b>OCTOBER</b> A Simple Prayer Weekend <b>Retreat Team</b>
8-10	Women's Prayer Weekend The Hidden Wisdom of Women in the Gospels <b>Jenny Scally rsj</b>
22-24	Living more deeply in God – Praying with Ignatius of Loyola <b>Retreat Team</b>
12-14	<b>NOVEMBER</b> Carmelite Spirituality <b>Fr Aloysius Rego ocd</b>
19-21	Living a Grateful Life <b>Michelle Vass</b>
3-5	<b>DECEMBER</b> Be Filled with Grace like Mary <b>Retreat Team</b>
10-12	Private Prayer Weekend with Spiritual Direction

