

A Special Place of Silence

St. Mary's Towers is steeped in a spirituality of the heart, a spirituality of the Missionaries of the Sacred Heart. All retreats are held in an atmosphere of silence to nourish and support prayer and healing. We offer a variety of retreat experiences throughout the year as well as day visits for individuals and groups. Retreats can be tailored to individual circumstances. Our Retreat Team is available during retreats and for ongoing direction.

Retreat Team

Ms Michelle Vass, Director
Sr Pauline Compton fdnsc
Fr Dominic Gleeson msc
Br Peter Harvey-Jackson msc
Fr Tru Nguyen msc
Sr Katrina Zhang rsm

**Visiting Directors and presenters assist with the program throughout the year*

2022 Tariffs

Cost per day:	\$155.00
Prayer weekend:	\$310.00
6 day retreat:	\$930.00
8 day retreat:	\$1240.00
9 day retreat:	\$1395.00
30 day retreat: (33 nights)	\$5115.00
Brown corridor rooms:	\$130.00 per day

Tariffs are all inclusive, and negotiable with the Director. A non-refundable deposit of \$50 for retreats of 9 days or less, or \$150 for longer retreats, is required to confirm your booking. Where possible, online payment in advance is appreciated.

*Tariffs may be subject to change.



**Missionaries of the Sacred Heart
St Mary's Towers Retreat Centre**

**415 Douglas Park Drive
Douglas Park NSW 2569**

Phone: (02) 46300233

Email:

contact@towersretreat.org.au

Please see the Website for details

*To be on earth
the Heart of God*



ST MARY'S TOWERS RETREAT CENTRE

DOUGLAS PARK

AUSTRALIA

PROGRAM

2022



**A MINISTRY OF THE MISSIONARIES OF
THE SACRED HEART**

30 Day Retreat
1 Jan 2022 to 3 Feb 2022

January	3-11	Resting in the Heart of Creation with Jesus <i>Retreat Team</i>
	13-22	Life's Healing Journey <i>Retreat Team</i>
	24 - 1 Feb	Directed Retreat <i>Retreat Team</i>
FEBRUARY – CLOSED		

March	4-6	Woman at the Wedding* Pt 1 of 5, or standalone w/end <i>Elizabeth Lee</i>
	25-31	Luke's Gospel* <i>Retreat Team</i>
Apr	8-10	Palm Sunday* Prayer Weekend <i>Retreat Team</i>
	8-17	Easter Guided Retreat* <i>Retreat Team</i>
	14-17	Easter Triduum* <i>Retreat Team</i>
	22-24	Woman at the Well* - Pt 2 of 5 or standalone w/end <i>Elizabeth Lee</i>
May	6-12	Sinews of the heart: Exploring those elements of our spiritual lives that provide strength and bind us together* <i>Paul White</i>
	13-15	Men's Weekend Retreat* Journeys Homewards <i>Paul White</i>
	20-26	Living more deeply in God – Praying with Ignatius of Loyola* <i>Retreat Team</i>
June	27 – 2	Seeing with Fresh Eyes: Encountering the Risen Christ* <i>Elizabeth Lee</i>

2022 PROGRAM

* Indicates that a Prayer Weekend is available during that retreat

- 30 day retreats offer the choice of:
- Life's Journey Experience
 - The Spiritual Exercises of St Ignatius
 - Praying with the Mystics

June	3-9	Visiting the Well* <i>Jenny Scally rsj</i>
	11-19	Living a Grateful Life* <i>Michelle Vass</i>
	24-30	Become like Water* <i>Fr John Armstrong</i>
July	1-3	Women's Prayer Weekend: The Hidden Wisdom of Women of the Gospels* <i>Jenny Scally rsj</i>
	15-21	At Home in the Heart* <i>Therese Carroll rsj</i>
	22-24	Woman with the Haemorrhage* Pt 3 of 5, or standalone w/end <i>Elizabeth Lee</i>

30 Day Retreat 1 August – 3 September 2022		
August	3-11	In the Heart of Creation with Jesus <i>Retreat Team</i>
	13-22	Life's Healing Journey <i>Retreat Team</i>
	24-1	Directed Retreat <i>Retreat Team</i>

September	30-6 Oct	Praying with the Mystics* <i>Retreat Team</i>
October	7-9	Woman at the Tomb* Pt 4 of 5, or standalone w/end <i>Elizabeth Lee</i>
	21-27	Intimacy and Compassion* <i>Colleen Rhodes rsm</i>
	28-31 Fri-Mon	A Simple Prayer Weekend <i>Pauline Compton fdnsc</i>
November	11-17	A Week with St Therese of Lisieux <i>Fr Aloysius Rego ocd</i>
	18-24	The Gift of Ageing* <i>Kerin Caldwell sgs</i>
	25-27	Woman with an Angel* Pt 5 of 5, or standalone w/end <i>Elizabeth Lee</i>
Dec	2-8	Advent Retreat* <i>Retreat Team</i>
	9-17	Directed Retreat* <i>Retreat Team</i>
30 Day Retreat – 1 Jan 2023 to 3 Feb 2023		
January	3-11	Praying with Jesus <i>Retreat Team</i>
	13-22	Life's Healing Journey <i>Retreat Team</i>
	24- 1 Feb	Directed Retreat <i>Retreat Team</i>