

The following topics will be part of this retreat with the latter two on the last weekend.

- Jesus – the one for whom we are waiting
- Waiting in faith with Mary
- Pondering our lives with Mary
- Waiting in hope with Anna and Simeon
- We wait in love
- We wait in joy

*Mary, woman of listening, open our ears; grant us to know how to listen to the word of your Son Jesus among the thousands of words of this world; grant that we may listen to the reality in which we live, to every person we encounter, especially those who are poor, in need, in hardship.*

*Mary, woman of decision, illuminate our mind and our heart, so that we may obey, unhesitating, the word of your Son Jesus; give us the courage to decide, not to let ourselves be dragged along, letting others direct our life.*

*Mary, woman of action, obtain that our hands and feet move “with haste” toward others, to bring them the charity and love of your Son Jesus, to bring the light of the Gospel to the world, as you did.* Pope Francis

Application Forms available from:  
The Administrator  
St Mary’s Towers Retreat Centre  
PO Box 19A  
Douglas Park 2569  
Ph. 02 4630 0233

Email: [contact@towersretreat.org.au](mailto:contact@towersretreat.org.au)

Web site: [www.towersretreat.org.au](http://www.towersretreat.org.au)

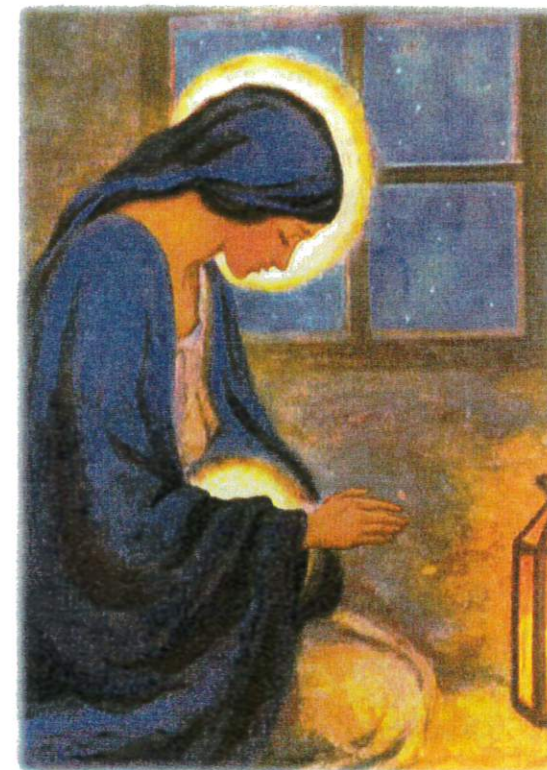
Cost 2020: ~~\$290~~ for the weekend  
\$870 - for 6 day retreat  
\$50.00 deposit confirms the booking.

All tariffs are negotiable



## Waiting with Mary

2020



*St Mary's Towers  
Douglas Park*

*Guided Retreat*

*1<sup>st</sup> – 7<sup>th</sup> December*

*Prayer Weekend*

*4<sup>th</sup> – 6<sup>th</sup> December*

*Presented by Retreat Team*



“As the eyes of servants  
look to the hand of their master,  
as the eyes of a maid  
to the hand of her mistress,  
so our eyes look to the LORD our God,  
waiting for his mercy” (Psalm 123:2).



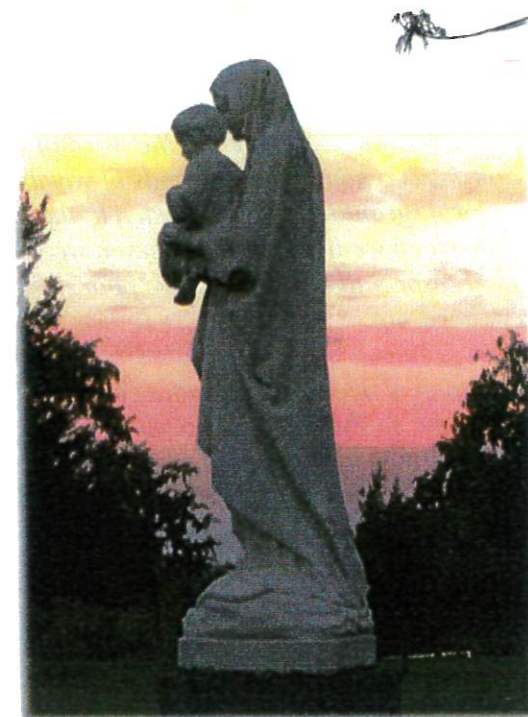
Advent is a season of expectant and pregnant waiting that invites to deep listening and openness to the Lord. Elizabeth of the Trinity can help us to wait with Mary.

“Think what must have been in the soul of the Virgin when, after the Incarnation, she possessed within her the Incarnate Word, the Gift of God ... In what silence, what recollection, what adoration she must have been wrapped in the depth of her soul in order to embrace this God whose Mother she was ... Oh! let us keep very close to Him, in that silence, with that love of the Virgin; let us spend our Advent like that ...”

“The holy time of Advent is here; it seems to me that this is especially the season of interior souls, those who live unceasingly and through everything wholly ‘hidden with Christ in God’ at the center of themselves.”

“Let me hear what God the LORD will speak, for he will speak peace to his people, to his faithful, to those who turn to him in their hearts.  
Surely his salvation is at hand for those who fear him, that his glory may dwell in our land” (Psalm 85:8-9).

This retreat offers the opportunity of deep communion with God as we prepare and pray for the "coming of the Lord" this Advent. Deep in our hearts we wait and prepare with Mary in silence and love. We are invited to open ourselves to the grace we are offered and, in our turn, learn how we are being called to be God bearers to our brothers and sisters amid the uncertainty and vulnerability of our broken world.



“For God alone my soul waits in silence;  
from him comes my salvation.  
<sup>2</sup> He alone is my rock and my salvation,  
my fortress; I shall never be shaken”  
(Psalm 62:1-2).