

The emphasis of this retreat is on prayer and reflection; a knowledge of appreciation of the various art forms is not required.

Reflection Topics:

Art and Prayer

Visio Divina

-Prayer of the Gaze

Listening into Silence

with Music

The Healing Medicine

of Poetry



Cost 2020: \$250.00 for the weekend
\$1000.00 for 8 days
\$50.00 deposit confirms the booking.

All tariffs are negotiable

For further details and application forms, contact:
Web site: <http://towersretreat.org.au>

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***Encountering Prayer
through the Arts***



The Angelus, Jean-Francois Millet, 1859

***St Mary's Towers
Douglas Park***

Presented by Michelle Vass

***Extended Prayer Weekend
13-16 November, 2020***

I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints... Eph 1:17, 18

The Arts are the language of the soul. Betsy Beckham, in 'Awakening the Creative Spirit', pp 4, 5

Art...must do something more than give pleasure: it should relate to our own life so as to increase our energy of spirit.

Sir Kenneth Clark, British author

"Anything that slows us down is a spiritual practice." Don Grayston, priest educator & spiritual director

We all seek God, through the

relationship of prayer. Praying and trying to comprehend the power of this Presence we call Love, is not easy. No one art form is the only way or even the best way to deepen our prayer. Yet we experience art as both one of the great expressions of God's mystery, and as a way into a deeper communion in prayer.



Jesus Kneeling
in Prayer,
Michael Nelson

To stroll through an art gallery or to attend a concert is to pause and appreciate the present moment. The Arts invite us to take time and serve as an inspiration to quieten

our souls, to enter the silence and a gentle conversation with Jesus, the one who so longs for us to know God as he did.



Trinity Icon, Andrei Rublev, 1425

When we open ourselves to the intrinsic value of art – in its vast array of styles and techniques - we open ourselves to being met by the Holy One who speaks in unexpected ways. Lois Huey-Heck & Jim Kalnin, Spirituality of Art p14