

Spiritual direction, daily Eucharist, sacramental anointing and reconciliation will be available.

6 Day Retreat 2020: \$750.00

\$50.00 deposit confirms the booking.

All tariffs are negotiable.

Application forms are available from :

The Administrator

St Mary's Towers Retreat Centre

PO Box 19A

Douglas Park 2569

Ph. 02 4630 0233

Email: contact@towersretreat.org.au

Web site:

<https://towersretreat.org.au>



The retreat will be conducted by Kerin Caldwell sgs. Kerin has a background in education, and this interest strengthened her commitment to adult growth and development.

Kerin's background includes Bachelor of Educational Studies, Master of Pastoral Studies; Doctorate of Ministry with a concentration in Spirituality.

Kerin currently conducts retreats and workshops on How to Live Well – the invitations and challenges of the decades of our 60's, 70's, 80's, 90's.

Retreats and programs are based on research and programs conducted by Dr Richard Johnson PhD – Institute of Maturing Adult Faith Formation and Spiritual Gerontology. St Louis USA.

Gift of Ageing ... Awakening ...



...to God's Surprising Gifts!

Retreat

St Mary's Towers - Douglas Park NSW

March 6 – 13 2020

While our later years may mean ...

- Less doing and more being
- Increased physical diminishment
- Different responsibilities

They hold amazing possibilities ...

- New awakenings
- Surprising spiritual growth and new life
- A rich sense of meaning

All of this amidst the inevitable changes we will surely face!



Do you find yourself thinking ...

I am surprised at how much I am enjoying this time of my life!

"Retirement" Today! Is There Such a Thing?

I have more challenges than I can poke a stick at!

Can I Let Go?

How Am I Coping With Change?



How Self Directed Am I?

Outreach or Isolation?

Living "Now!"

Then this day is for you!